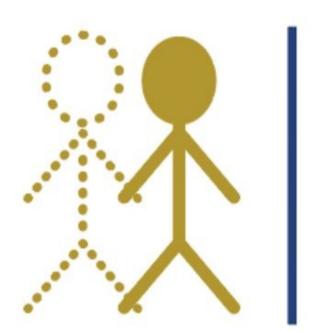
Peer Networks Case Study Cohort: Health and Social Care

Peer Networks

Tracey Hartshorn Limited





Tracey Hartshorn offers personal and professional development coaching for people in senior leadership and managerial roles. Tracey offers a range of services to develop executives and business owners including: individual and group leadership development, strategic and business development, team development, conflict management, performance improvement, communication skills, resilience management and health and well-being support.

Tracey felt that she had not participated in networking as much as she needed to in the last year, so when she received a general news email from the Chamber informing her that they were starting a Peer Networks group she was keen to get involved. Tracey benefitted from the coaching support from Natasha alongside working through challenges with the supportive group. To gain the most benefit from the networking side of the programme, Tracey decided to contact each member of the group individually and has arranged several meetings with members since which have supported her decision making. In particular, this helped in terms of what she wanted to do with her business and Tracey was grateful to have the support when she realised that her plans would be more challenging than she had first thought. Tracey has been able to plan out a clearer path and a gradual process to achieving her goals.

Key Points

- Coaching and mentoring to help make informed decisions
- The support of the network has aided planning for business growth

"

I have found the peer network to be extremely helpful in terms of clarifying what I want to do as a business, thinking about how I would achieve that and providing me with practical and moral support on how to get there.

Tracey Hartshorn, Tracey Hartshorn Limited

Visit the website here





